

Silver Tsunami

What You Need to Know When a Loved One's Needs Change

Elk Run is a non-profit, faith based assisted living community with respite services.

Many families believe their loved ones need skilled nursing, when assisted living is more appropriate. Assisted living offers options that are a cost effective, residential approach to delivering care. What is the difference between assisted living and skilled nursing? Assisted living residents are independent, but need help bathing, dressing or

medication assistance. Residents in skilled nursing tend to need a high level of nursing services with both medical and daily living tasks.

Assisted living services may include medication monitoring or mobility assistance. Elk Run employs a registered nurse (RN) and one is on call. We have multiple service agencies that come on site including a dental services, an incontinence supplier with physical and occupational

therapy on site.

Denver College of Nursing students are at Elk Run to do their practicum work and are paired with residents. These student nurses strive to achieve excellence in healthcare education and we have seen them making a profound difference in residents' lives.

Assisted living residents can choose from activities including exercise classes, art projects, visiting museums and concerts.

In-house Bible study groups and worship services, science, history and genealogy lectures also add to an active, independent lifestyle.

Skilled nursing residents generally have a single or semi-private room, while assisted living residents typically live in a studio or one-bedroom. Elk Run offers three nutritious meals a day, which are included in the room cost. Menus are developed with the input of residents.

For those who need skilled nursing, Elk Run partners with Life Care Center of Evergreen, which provides skilled nursing and short term rehabilitation. Life Care Center helps patients recover from serious illnesses or injuries after being discharged from the hospital. Meanwhile, Elk Run offers respite care to help caregivers who need time away from daily responsibilities.

If your loved one is not ready for assisted living, Seniors' Resource Center offers services that support seniors in their home. Services include adult day care, Meals on Wheels, in-home care and more. SRC offers transportation services to Elk Run with a handicapped-accessible van.

Elk Run partners with Mount Evans Home Health Care and Hospice to assist in meeting residents' changing needs. Mount Evans Home Health Care and Hospice also partners with Elk Run to provide hospice services for residents along with palliative care.

Elk Run offers a home-like, down-to-earth ambiance with a vibrant atmosphere. Elk Run offers pet therapy and is "pet friendly," as we know there are health benefits associated when people interact with pets. Our goal is to give residents the freedom to discover new possibilities and friendships, while trading the burdens of homeownership for a maintenance-free lifestyle.

what's the difference
between assisted living
and a nursing home?



Elk Run Assisted Living is a non-profit, faith-based community offering:

- Assisted Living
- Respite Care
- Pet Friendly Environment

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