

Join us for the following free community events! RSVP preferred.

Oct. 23
9:40 & 1:00

Let's Talk About Memory Loss: Why Are We So Afraid

Locations (choose one): 9:40 a.m. at Gethsemane Lutheran Church, 715 Minnetonka Mills Rd., Hopkins
1:00 p.m. at Open Circle Adult Day, 34 10th Ave. S., Hopkins

Speaker: Patty Crawford, Manager, Open Circle Adult Day Program

RSVP: 952-697-3871

Many people avoid diagnosis because of the stigma associated with the disease. Caregivers and people with dementia often feel deserted by their friends and family.

- Acknowledge the devastation of the disease
- Discuss ways to cope with the diagnosis
- Explore the impact of memory loss on identity
- Learn ways to support friends and families

Oct. 30
2:00

Renowned film *His Neighbor Phil*

Location: Hopkins High School Theatre, 2400 Lindbergh Dr., Minnetonka

Speaker: Film followed by conversation with Lori La Bey, Founder of Alzheimers Speaks

RSVP: 952-697-3871

His Neighbor Phil is a work of fiction, but one that very realistically chronicles the life of a family facing younger onset Alzheimer's. The movie aptly demonstrates the ups and downs millions of families face every single day.

Nov. 10 & 17
3:00-7:00

Dementia Live Experience

Location: Gethsemane Lutheran Church, 715 Minnetonka Mills Rd., Hopkins

Facilitator: Kim Stender, Owner of Right at Home, Home Care

RSVP: Appointments scheduled every 15 minutes, call 952-856-7521 for details

The Dementia Live Experience immerses participants into life with dementia. Participants will experience an unforgettable, inside-out understanding of cognitive impairment and sensory changes through this state-of-the-art awareness program. Participants are guided through common, everyday tasks and exercises while their senses are altered. Family members and caregivers will be empowered by understanding and feeling what the person with dementia is experiencing. Participants should prepare for a maximum of 1 hour to complete the Dementia Live Experience.

Presented by Westside Mission Advancement Council | A Collaboration of Hopkins Area Community Partners

